

Retreat FAQ's

You will find plenty of information about our Deeper Still retreats as you continue to browse, but here are a few basics:

- After we have received your Intake Form and signed Release Forms, we will send you will a Confirmation Letter with the retreat center location and more information on what to bring.
- Our retreats run from Friday afternoon until Sunday afternoon.
- The dress is casual.
- All meals will be provided.
- Special dietary needs can be arranged.
- We cannot accommodate any friends or family members
- There is no registration fee to attend this retreat.
- Upon arrival you will be asked to sign a COVID waiver Note: Preventive measures shall include, but not limited to: 1) hand-sanitizer and disinfectant shall be made readily available; 2) masks and gloves are available for those who wish to use them. 3) particular efforts to provide social distancing during hours of sleep; 4) careful attention of meal prep and service; 5) a brief symptom evaluation will be taken upon arrival and possibly during the retreat.